



Upcoming Retreats 2018-2019

YOGA FITNESS FUN ADVENTURE RETREAT WITH KIRSTEN FROM YOGA GYM	8 - 14 NOV 2018
FULL MOON YOGA MEDITATION HEALING: DRU WITH PAUL AND VERA AND COACHING WITH ORIANE	23 - 26 NOV 2018
RETREAT WITH CHRISTINA HAHN: LOVING LIFE GATHERING	27 NOV - 5 DEC 2018
A POWER YOGA RETREAT WITH CATHERINE NJERI	13 - 16 DEC 2019
YOGA RETREAT WITH KATHERINE MIRIAM	18 - 23 FEB 2019
YOGA RETREAT WITH ANJNA VEKARIA: RHYTHMS OF NATURE	3 - 10 MAR 2019
AYURVEDA, DRU YOGA AND MEDITATION WITH VERA, WINANT AND LENNY	11 - 18 MAR 2019
RISE YOGA RETREAT WITH CHARLIE MORGAN AND OTTILIE WELLNESS	18 - 23 MAR 2019
LAMU YOGA FESTIVAL: JOIN PAUL KRYSTALL FROM TREEHOUSE AND MANY OTHER TEACHERS IN LAMU!	18 - 23 MAR 2019
YOGA RETREAT WITH SAMANTHA AND SAMANTA	24 MAR - 1 APR 2019
JOURNEY INTO YOGA: YOGA RETREAT WITH FATOUMATA KOULIBALY	27 SEP - 4 OCT 2019

Please contact us for further details.

We will also be holding a number of weekend or long-weekend retreats throughout 2018 and 2019, so please see our website for the latest schedule

www.treehouse.co.ke

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