



Tel: +254.712.810055  
watumutreehouse@gmail.com  
www.treehouse.co.ke

# Adventures in Paradise:

A Weekend of  
Adventure,  
Yoga & Meditation  
in Nature

**Watamu Treehouse**  
**18-21 Jan 2019**



## About this Weekend

Experience freedom, vitality and excitement while you let nature recharge and relax you.

Treehouse will provide unique accommodation open to the elements, full board delicious food, and special activities in nature.

Floating, paddling, swimming, walking, yoga & meditation.



## Weekend Highlights

- Be on the water for the "Double disc" – the evening before full moon when the sun sets while the moon rises – and then paddle home in the moonlight
- a magical float through the mangroves with the outgoing full moon tide
- dru yoga and meditation with Aja and Paul
- healthy delicious food and friendship



Packages include all adventures and daily yoga and meditation in shared full board accommodation at Treehouse.

2 Nights = Shs 34,000 /  
3 Nights = Shs 49,000

**+254.712.810055**

**[watumutreehouse@gmail.com](mailto:watumutreehouse@gmail.com)**

**[www.treehouse.co.ke](http://www.treehouse.co.ke)**