



Mida Creek Expeditions with Treehouse

Gentle adventures in nature

Mida Creek is one of the richest jewels in the Watamu area, and some of the most unique activities are our guided trips in Mida – on Kayaks, Stand Up Paddleboards (SUP), walking, swimming or floating with the tides. The best way to explore the creek - peacefully paddling and swimming in unspoiled nature. And you get a good workout too!



Treehouse runs daily trips at the level of your fitness and ability. Absolutely no kayaking experience is necessary. **All ages. All fitness levels.** Experienced paddlers can choose a more challenging trip. Or you have the option to sit in the front of a double-kayak and have our guide do the paddling!

Safety is emphasized on our trips, which are done on top quality:

- single or double sit-on-top kayaks
- sit-in sea touring kayaks
- stand-up paddleboards

The most popular trips are:

- the sunset trip including sundowners on the creek
- the 'length of Mida Trip' to or from the Crab Shack Restaurant

The trips last 2 – 2 ½ hours and, depending on the tides, the winds and the trip you want, might include:

- Transport from Treehouse to starting point and back
- Briefing where the kayaks, paddles and life jackets are explained
- The actual trip with a guide which might include:
 - o Kayaking on the main Mida Creek
 - o Exploring the smaller channels
 - o Bird watching / walking through the mangroves
 - o Stopping for a picnic or swim
 - o A drift swim or snorkel in the creek
 - o Enjoying the sunset
 - o On request and if it is that time of month – moonrise and paddling under the full moon
 - o Hot drink and snacks at the end of the trip

Costs:

The cost per person for the trips are :

1 person	2 people	3 - 5 people	More than 5
6500/-	5500/-	5000/-	4500/-

Teens pay 75%; Children of 5 - 12 years pay 50%

What is included?

- Kayaks, paddles, lifejackets, juice and water, snacks/ hot drink , Towels at the end

Not included:

- KWS park tickets – necessary if you snorkel

What you should bring

- Hat and sunblock, shoes that can get wet
- Swimming gear and a set of dry clothes
- Waterproof Camera/Dry bag/Strap for sunglasses

To Book call 0712 810055
or email watamutreehouse@gmail.com