



# Upcoming Retreats 2018-2019

<b>DRU MEDITATION COURSE WITH PAUL &amp; VERA</b>	
<b>MODULE 1 of 3</b>	<b>17-19 AUG</b>
<b>MODULE 2 of 3</b>	<b>26-28 OCT</b>
<b>MODULE 3 of 3</b>	<b>23-25 NOV</b>
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<b>AYURVEDIC YOGA RETREAT WITH ESPIRTPURE</b>	<b>28 AUG-2 SEP 2018</b>
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<b>RETREAT WITH NINA BUTLER: REFLECT AND CONNECT</b>	<b>23 – 28 SEP 2018</b>
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<b>“THE NEXT STEP” – HOW TO ORGANIZE, RUN &amp; MARKET A YOGA RETREAT - A WEEKEND FOR YOGA TEACHERS IN KENYA WITH PAUL &amp; NINA</b>	<b>28 – 30 SEP 2018</b>
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<b>YOGA FITNESS FUN ADVENTURE RETREAT WITH KIRSTEN FROM YOGA GYM</b>	<b>8 – 14 NOV 2018</b>
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<b>RETREAT WITH CHRISTINA HAHN: LOVING LIFE GATHERING</b>	<b>25 NOV–5 DEC 2018</b>
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<b>YOGA RETREAT WITH ANJNA VEKARIA: RHYTHMS OF NATURE</b>	<b>3-10 MAR 2019</b>
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<b>RISE YOGA RETREAT WITH CHARLIE MORGAN AND OTTILIE WELLNESS</b>	<b>18 - 23 MAR 2019</b>
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We will also be holding a number of weekend or long-weekend retreats throughout 2018, so please see our website for the latest schedule

[www.treehouse.co.ke](http://www.treehouse.co.ke)