



Upcoming Retreats

- **DRU YOGA & MEDITATION RETREAT:**
18 - 21 FEBRUARY 2018
- **DRU DETOX YOGA & MEDITATION RETREAT:**
22 - 25 FEBRUARY 2018
- **LAMU YOGA FESTIVAL**
8 – 12 March 2018
- **RISE YOGA RETREAT WITH CHARLIE MORGAN
AND OTTILIE WELLNESS:**
19 - 24 MARCH 2018
- **AYURVEDIC YOGA RETREAT WITH ESPIRTPURE:**
28 August - 2 September 2018
- **RETREAT WITH NINA BUTLER**
23 – 28 SEPTEMBER 2018
- **RETREAT WITH CHRISTINA HAHN: LOVING LIFE
GATHERING**
23 November – 1 December 2018

**We will also be holding a number of weekend or
long-weekend retreats throughout 2018**

www.treehouse.co.ke